

BIRMINGHAM MAPLE CLINIC
COVID-19 PATIENT NOTICE AND ACKNOWLEDGMENT FORM

During this time, your mental health and physical health is critically important. This document contains important information about resuming services at Birmingham Maple Clinic (“Practice”). Please read this notice carefully.

RISK OF EXPOSURE. As you are likely aware, the World Health Organization declared the novel coronavirus, COVID-19, a worldwide pandemic. The health and safety of our patients and employees is — and has always been — a top priority of our Practice. We have put in place preventative measures aimed at reducing the risk of spread of COVID-19 and other infectious disease at our Practice, but there is still a risk that you could be exposed to COVID-19 or other infectious disease at the Practice. Contracting COVID-19 could result in serious medical symptoms requiring medical treatment in a hospital or could possibly lead to death.

TELEHEALTH. You have requested to meet in-person with your therapist. Our Practice is offering telehealth services when clinically appropriate. By electing in-person services, you are at higher risk of exposure to COVID-19 or other infectious disease. If you would like to learn more about our telehealth services, please discuss this with your therapist.

YOUR RESPONSIBILITY. Just as we are taking preventative measures to protect your health and safety, we must also take preventative measures to protect our employees, therapists, and other patients. You agree to take the following preventative actions when meeting in-person with your therapist.

- **SOCIAL DISTANCING.** You must stay at least 6 feet away from other people in the Practice. You should adhere to social distancing practices when in the Practice’s waiting room and private offices. We also ask that you wait in your car or outside, instead of the waiting room, if you are early for your appointment.
- **FACE MASKS.** In order to protect our patients and staff, we ask that you **WEAR A FACE MASK** at the Practice unless a medical condition, disability, or religious exemption prohibits you from wearing a face mask. If you believe your face mask inhibits your session while in a private office, please discuss this with your therapist. Your therapist may require you to wear a face mask in his or her office. If you do not have a face mask, the Practice will provide one for you to use during your appointment (if supplies allow). A face mask is not a substitute for social distancing and you should continue to keep 6 feet between yourself and others.
- **HAND HYGIENE.** We will have hand sanitizer available for your use in the Practice. You should apply hand sanitizer or wash your hands after blowing your nose, coughing, or sneezing.
- **HEALTH SCREENING.** If you have a fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or you have been in contact with anyone with COVID-19, please contact the Practice **BEFORE** your appointment. Upon entry to the Practice, we will conduct a health screening. If you have any symptoms consistent with COVID-19, you may be denied entry to the Practice. If you must cancel your appointment, we encourage you to see your therapist over telehealth.

POLICY CHANGES. COVID-19 is a rapidly evolving public-health crisis. We may change this policy at any time and may be required to close our office again if directed by state or federal law. If so, telehealth services may be available to you.

On behalf of our staff, we thank you for your understanding and compliance.