## "The A, B, C's of Managing Anxiety for the New School Year"

## Initial Feedback

1.	What are some of the ways your child experiences anxiety?
2.	What are some of the things your child is most anxious about with the coming school year?
3.	What would you like your child to get most out of this workshop?
4.	How will you be able to tell your child has benefited from the workshop?